



St John the Evangelist RC Primary School
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Headteacher: Mrs. L. Jackson

"We love because He loved us first." John 4:19

8th December 2025

Dear Parent/Carer,

I am writing to inform you that our Year 5 and Year 6 classes will be taking part in The Hummingbird Project. The Hummingbird Project is a 6-week Positive Education programme, designed to give students the tools they need to be as happy, healthy and productive as possible. It involves hour-long workshops, in which students learn about happiness, gratitude, mindfulness, kindness, character strengths and resilience, and take part in fun activities that help them to understand how to put these ideas into practice.

Someone from The Hummingbird Project team will be coming into school to deliver the sessions, supported by staff at St. John's. The sessions will be starting on Friday 9th January and will run each week.

If you have any questions or would like further information, please email the school office.

Kind Regards,

Mrs. Rate
Deputy Headteacher