



**St John The Evangelist RC Primary School**

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**Headteacher: Mrs. L. Jackson**

28<sup>th</sup> September 2020

Dear Parents/Carers,

We are delighted to announce that our school is participating in a brand new Relationship Education programme for Catholic primary schools, titled **Life to the Full**. You may hear your child coming home talking about this and we want to give you a brief overview of this new and ambitious programme.

As you may be aware, Relationship Education was due to become statutory for all primary schools from September 2020, however, this has been delayed due to Covid-19. We are therefore taking this opportunity to introduce you to the programme that we are looking to adopt from January 2021. The **Life to the Full** programme is based on 'A Model Catholic RSE Curriculum' by the Catholic Education Service which was highlighted as a work of good practice by the Department of Education. Therefore, we have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

**Life to the Full** is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers.

In addition there will be an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform please visit: **[www.tentenresources.co.uk/parent-portal](http://www.tentenresources.co.uk/parent-portal)**

School Username: **st-john-bl7**

School Password: **evangelist-7**

## Programme Structure

In Life to the Full, we will be following a three-stage structure which is repeated across three different learning stages:

- Key Stage One is aimed at Years 1 and 2\*
- Lower Key Stage Two is aimed at Years 3 and 4
- Upper Key Stage Two is aimed at Years 5 and 6

\*EYFS to follow

Within each learning stage, there are three modules which are based on the Model Catholic RSE Curriculum:

- Created and Loved by God
- Created to Love Others
- Created to Live in Community

Each Module is then broken down into Units of Work.

Module 1	Created and Loved by God
Units	Religious Understanding Me, My Body, My Health Emotional Well-Being Life Cycles
Module 2	Created to Love Others
Units	Religious Understanding Personal Relationship Keeping Safe
Module 3	Created to Live in Community
Units	Religious Understanding Living in the Wider World

# Programme Content

**Module One: Created and Loved by God** explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.



**Key Stage One:**

- We are uniquely made by a loving God;
- We have differences and similarities;
- Key information about staying physically healthy;
- Understanding feelings and emotions, including strong feelings such as anger;
- The cycle of life from birth to old age.



**Lower Key Stage Two:**

- Understanding differences;
- Respecting our bodies;
- Puberty and changing bodies
- Strategies to support emotional wellbeing including practicing thankfulness;
- The development of pupils' understanding of life before birth.



**Upper Key Stage Two:**

- Appreciation of physical and emotional differences;
- A more complex understanding of physical changes in girl and boys bodies;
- Body image;
- Strong emotional feelings;
- The impact of the internet and social media on emotional well-being;
- A more nuanced and scientific understanding of life in the womb and how babies are made;
- Menstruation.

**Religious UNDERSTANDING**



**Kester's Adventures** follows the story of Kester who is in search of his Maker. When he finds his maker, Abraham, Kester develops a deep and personal relationship with him over many years. As the children grow through the learning stages, Kester's story grows in complexity as he tries to understand his place in the world when faced with more challenging life decisions. Ultimately, he is always reminded that he was created by Abraham, along with his parents, and was loved and cared for even before he was born.

Kester's Adventures is an original story by Ten Ten which is **an allegory for our relationship with God**; it communicates the key idea that we were created out of love and for love.

**Module Two: Created to Love Others** explores the individual's relationships with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships.



**Key Stage One:**

- Unit 'Personal Relationships':**
- Special People in their lives who they love and can trust;
  - Coping with various social situations and dilemmas;
  - The importance and saying sorry and forgiveness within relationships.

**Unit 'Keeping Safe':**

- The risks of being online;
- The difference between good and bad secrets;
- Teaching on physical boundaries.



**Lower Key Stage Two:**

- Unit 'Personal Relationships':**
- Children to develop a more complex appreciation of different family structures;
  - Activities and strategies to help them develop healthy relationships with family and friends;
  - Techniques for managing thoughts, feelings and actions.

**Unit 'Keeping Safe':**

- Online safety (incorporating NSPCC resources);
- Teaching on bullying and abuse through a series of animated stories.



**Upper Key Stage Two:**

- Unit 'Personal Relationships':**
- Equip children with strategies for more complex experiences of relationships and conflict;
  - Identify and understand how to respond to spoken and unspoken pressure;
  - The concept of consent;
  - Further teaching on how our thoughts and feelings have an impact on how we act.

**Unit 'Keeping Safe':**

- Risks of sharing and chatting online;
- A more complex understanding of different forms of abuse.



**Religious UNDERSTANDING**



At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.

**Module Three: Created to Live in Community** explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.



**Key Stage One:**

- Children understand that God is love: Father, Son and Holy Spirit;
- That being made in His image means being called to be loved and to love others;
- Learn about the various communities they belong to: home, school, parish, the wider community, the nation and the global community;
- Children will know that God calls us to live in community with one another.



**Lower Key Stage Two:**

- Develop a deeper understanding that God is love as shown by the Trinity;
- Understand that the human family reflects the Holy Trinity in mutual charity and generosity;
- The Church family comprises of home, school and parish;
- Catholic Social Teaching on what it means to work for the Common Good.



**Upper Key Stage Two:**

- Children will:
  - Know that God is Trinity – a communion of persons;
  - Know that the Church is the body of Christ;
  - Develop a deeper and richer understanding of Catholic social teaching;
  - Learn how certain charities reach out to the wider community with love.



**Religious UNDERSTANDING**



**Trinity House** is a story told throughout the programme from Years 1 to 6 at a growing level of complexity through each learning stage. It tells the story of the Trinity family who live in Trinity House – Abba, Adam and Amara – symbols of the creative circle of love between Father, Son and Spirit. Children will learn that just like the Trinity of God, we are made to love God and love others, and we are made to be loved by God and others. This extends not only to us, our families, our friends and our personal relationships, but also to the wider world.

There is an optional unit of how babies are made, aimed at upper KS2 level. We, as a school, have decided that you as parents/carers are the best to decide when your child is ready to learn about this. To support you, there is a 10 minute video titled "Making Babies – Part 2." You can access this online using the parent portal.

Life to the Full is intended to be partnership between home, school and church. We know that you already do a fantastic job and we see our new programme, Life to the Full, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported.

If you have any questions then please do not hesitate to contact me.

Kind Regards,

A handwritten signature in black ink that reads "L Jackson". The signature is written in a cursive style with a large initial 'L'.

Mrs L. Jackson (Headteacher)